## THE SPA DES ECURIES EXPETISE : THE SIGNATURE TREATMENT

Treat yourself through a unique experience with our Signature Treatment, a genuine interlude of relaxation and regeneration, combining body and facial wellbeing.

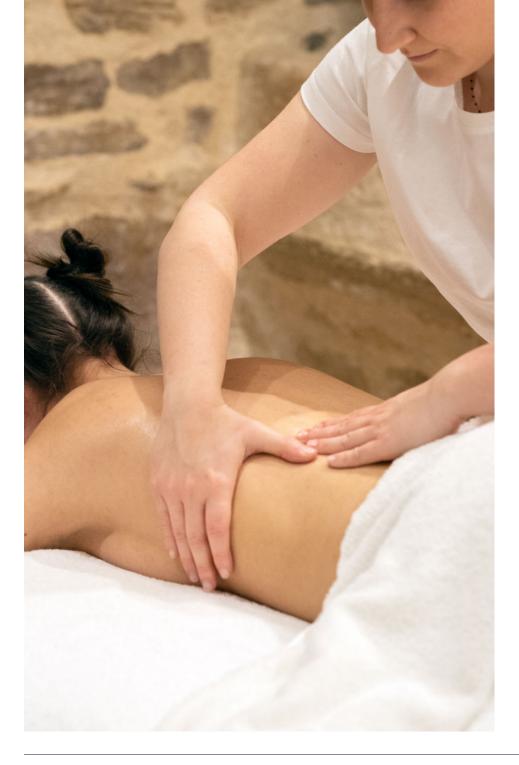
This unwinding ritual, inspired by the village's authentic, serene atmosphere, immerses you in a warming and soothing ambiance.

Through a sensorial journey guided by expert techniques and a subtle touch of aromatherapy, your mind will be released of all tensions, your body will be caressed by a gentle tranquility, and your face will regain a sense of peace and welfare.

The discomfort in your body and face will effortlessly melt away, leaving you with a profound sense of relaxation and an immediate, radiant glow for your moisturized skin, from head-to-toe !

> 60 MIN - 195€ 90 MIN - 275€





# BODY MASSAGES WITH THE SPA DES ÉCURIES

THE CUSTOM-MADE 30 MIN - 100€ I 60 MIN - 185€ I 90 MIN - 265€



A treatment tailored to your individual needs and desires. We combine different massage techniques, adjusting the pressure and areas to be worked on according to tension, pain and preference.

THE DEEP TISSUE 60 MIN - 185€ I 90 MIN - 265€



This deep massage uses slow maneuvers to target the deeper layers of the muscle tissue. It relaxes the entire body by loosening knots and restoring their elasticity, allowing them to re-oxygenate. THE DRAINING & SCULPTING 60 min - 185€ I 90 min - 265€

This targeted massage stimulates the and lymphatic circulation. Deep and tonifying maneuvers help eliminate toxins, reduce swelling and provide an immediate sensation of lightness.

### THE GUA-SHA 60 MIN - 185€ I 90 MIN - 265€

This gentle body massage is performed with Gua Sha thermal stones, the heat stimulates blood and lymph circulation through contact with the skin for a comforting warmth.



#### THE AFTER-VENTOUX 60 MIN - 185€ I 90 MIN - 265€

This sport massage perfectly combines movement, stretching and joint mobilization. It optimizes muscular response and dissipates tension and soreness for a better recovery of the most stressed areas.





### MOTHER-TO-BE TREATMENTS WITH TATA HARPER



THE MOM-TO-BE MASSAGE 60 MIN - 185€ I 90 MIN - 265€

Gentle, without any essential oils and with slow, enveloping movements, this massage is targeted for the mum-tobe, with the aim of relieving tension points and bringing a feeling of recovered lightweight.

THE MATERNITY FACIAL 60 MIN - 200€ I 90 MIN - 280€



This treatment begins with triple Superkind cleansing and a gentle mask, followed by a Gua Sha massage. Fortifying, soothing formulas and a neck, décolleté and scalp massage relieve tension, leaving mothers-to-be with a feeling of wellbeing and a luminous complexion.

### MATERNITY BODY TREATMENT 90 min - 285€

This ultra-gentle treatment begins with a soothing foot massage and a nourishing tummy treatment, promoting total relaxation. It continues with an head to toes body massage that leaves mothers-to-be radiant, revitalized and fully relaxed.

### OUR EQUIPMENT





#### FOR THE FACE - THE LED MASQUE

15 MIN - 45€

This mask uses the power of light to reduce imperfections, revives the skin's natural radiance and improves its elasticity thanks to its anti-ageing, repairing and brightening properties. An effective treatment suitable for all skin types.



FOR THE BODY - THE PRESSOTHERAPY

20 MIN - 75€

This machine applies progressive pressure to stimulate blood and lymph circulation, promoting drainage. The treatment may also ease aches and pains, and detoxify the body from a buildup of toxins. Ideal for relieving heavy legs, improving muscle recovery or simply enjoying a moment of relaxation.