

FACING THE MONT VENTOUX



A HINT TO OUR CYCLISTS AND HIKERS WHO CHALLENGE THE
PROVENCE'S GIANT .

THESE TREATMENTS ARE SPECIALLY DESIGNED TO PROVIDE
COMFORT TO THE MOST STRESSED AREAS.

Furthermore, our dedicated sports coach will provide personalized
guidance throughout your physical training or recovery sessions,
ensuring that your needs are met with precision and care.

(cf. "The Coachings" at the end of the Menu)

THE INVIGORATING TREATMENT

60 Mins 195€ / 90 Mins 275€

The alliance between the expertise of our Spa Therapists and the benefits of the pressotherapy makes this treatment a great outlet. His main goal is to promote physical recovery by draining the toxins out of the lymphatic circulation and by eliminating the accumulation of water into the muscles. This treatment will provide you a good relaxation and a soothing effect to get « bike » on track !

THE AFTER VENTOUX MASSAGE

60 Mins 180€ / 90 Mins 260€

By draining and reoxygenating the tissues after the effort, this massage encourages the muscular response. It allows a good stretching and removes the tensions for a better recovery.

MASSAGES

THE CRILLON LE BRAVE SIGNATURE MASSAGE

60 Mins 180€ / 90 Mins 260€

A relaxing massage designed by our team to release any tension you may have acquired by stretching your body reducing stress and increasing relaxation. A moment of pure escape to improve your well-being where the body regenerates. This massage allows you to unwind from the daily life stress and fall into a state of deep relaxation

THE CUSTOM-MADE MASSAGE

30 Mins 95€ / 60 Mins 180€ / 90 Mins 260€

This massage is intended to help overworked bodies and souls, it allows you to let go completely and releases accumulated tensions to finally find a deep sense of relaxation. A treatment tailored to the needs of each individual to improve circulation, energy and alertness.

THE DEEP TISSUE MASSAGE

60 Mins 180€ / 90 Mins 260€

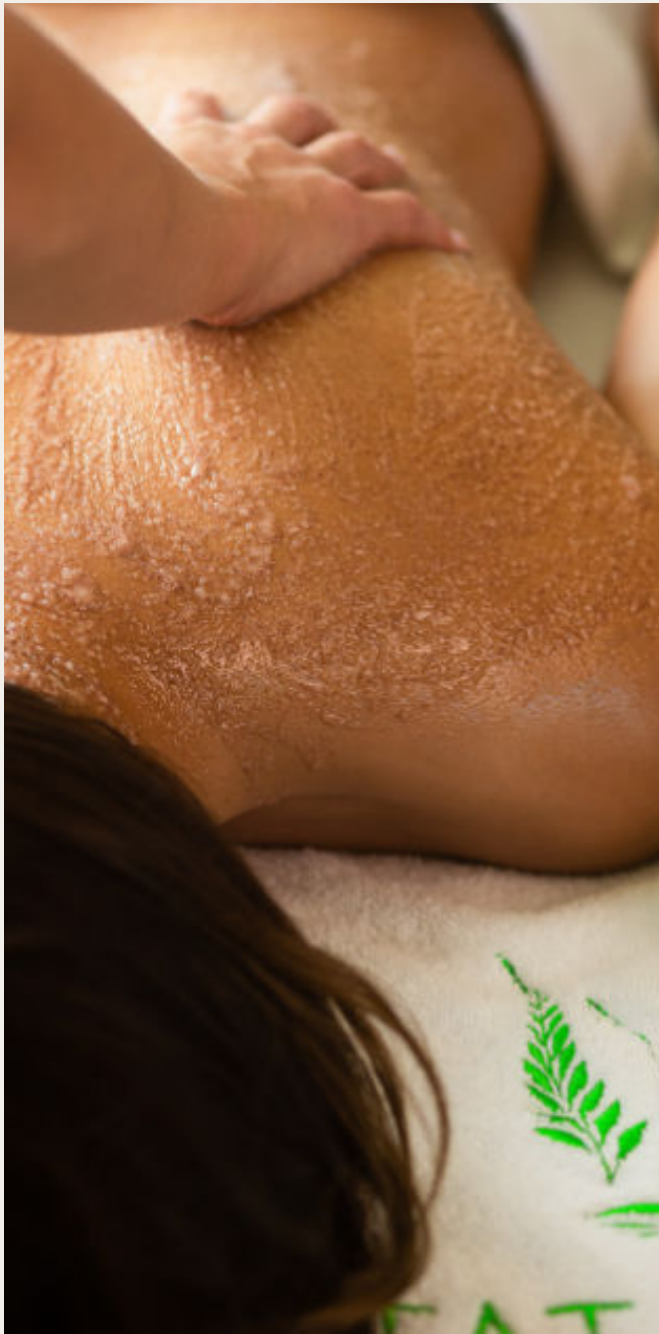
The combination between slow strokes and direct pressure allows us to target tensions and nods in the muscles that lie far below the body's surface. This massage loosens the muscular contractures, restores their elasticity and provides you a deep relaxation.

THE RESCULPTING MASSAGE

60 Mins 180€ / 90 Mins 260€

Abandon yourself to expert hands for a targeted massage, combining different techniques in synergy to tone and smooth the skin, disinfiltrate and drain the tissues, as well as sculpt and reshape the figure.

SPECIFIC MESSAGES



THE "TRIPLE EXFOLIATING" MASSAGE x TATA HARPER

60 Mins 180€ / 90 Mins 260€

Triple exfoliating massage effectively removes dead skin cells and promotes cellular turnover while a botanical detox blend activates microcirculation to support healthy looking skin.

THE "GUA SHA" MASSAGE x TATA HARPER

60 Mins 180€ / 90 Mins 260€

A body massage performed with thermal Gua Sha Stones helps to ease tension, promote lymphatic drainage, and tone the body for a sculpted, lifted look.

THE "BODY ELIXIR" DRAINING MASSAGE x AIME

60 Mins 180€ / 90 Mins 260€

In collaboration with AIME this body treatment helps to drain and improve the blood, lymphatic and venous circulation. An hour in the hands of our experts will give you a feeling of lightweight throughout your body.

DEDICATED TREATMENTS

FOR MOTHER-TO-BE

THE MOM-TO-BE MASSAGE

60 Mins 180€ / 90 Mins 260€

Gentle, without any essential oils and with slow, enveloping movements, this massage is targeted for the mum-to-be, with the aim of relieving tension points and bringing a feeling of recovered lightweight.

THE “MATERNITY x TATA HARPER” FACIAL

60 Mins 195€ / 90 Mins 275€

This facial starts with a SuperKind 3 step cleansing, followed by a soft and gentle mask. A Gua Sha massage brightens the complexion and lifts the skin. Fortifying and soothing formulas associated with a décolleté massage release the tensions and leave the mother-to-be radiant.

FOR MEN

ALL OF OUR TREATMENTS ARE AVAILABLE FOR MEN.

THE TONIFYING BODY RITUAL

90 Mins 275€

Tone up your tired muscles and detoxify your skin with this complete body treatment. Our exfoliating body treatment and purifying back mask remove impurities from the skin, while a restorative massage soothes sore muscles, leaving you feeling relaxed and invigorated. Available in combination with a scalp massage, foot massage or detoxifying facial.

THE “CLEAR SKIN & MIND” FACIAL

60 Mins 195€ / 90 Mins 275€

This treatment focuses on the specific problems of men's skin. A regimen focused on reducing congestion and irritation from shaving, the skin will be refined and nourished.