

spa
des écuries

by



TATA HARPER®



A RENDEZ-VOUS WITH YOU

Under imposing arches, in the 18th-century old stone vaulted stables, the incredibly cosy atmosphere of Spa des Écuries provides you with an intimate and comfortable setting to help you find inner harmony. The perfect place to re-focus and completely switch off thanks to an entirely dedicated body and mind wellbeing approach.

In this protected sanctuary, you can take full advantage of the holistic treatment techniques of organic American brand Tata Harper in one of three treatment rooms (one double). Fully adapted to your personal needs, our treatments combine the invigorating power of nature together with our spa therapist's expertise for a full energy re-birth.

From shiatsu to Swedish to Meridian massage*, the treatment's techniques take their inspiration from various traditions.



TATA HARPER, EXPERT IN ORGANIC CARE

When a pioneering brand in natural luxury skin care meets the absolute serenity of Provence... This is the Tata Harper brand's vision of cosmetics and skincare: 100% natural products with no toxic ingredients, ultra-concentrated in active plant ingredients from its own plantations, exclusive formulas derived from the latest innovations in natural beauty.

Tata Harper has reinvented organic beauty and created a complete range of quality natural skin care products and a simple skincare protocol that have already seduced thousands of demanding women around the world. But it is the quality and effectiveness of Tata Harper beauty products that will most likely persuade you that caring for your skin without jeopardising your health is now possible.

BODY MASSAGES*

CUSTOM-MADE RELAXING MASSAGE*

This massage* is specially intended for over-solicited souls. It allows your body to completely let go and relieves accumulated stress to find a deep relaxation. A tailor-made massage* adapted to your personal needs and desires of the moment.

30 mins 85€ 60 mins 170€ 90 mins 255€

DEEP TISSUE MASSAGE*

Designed for athletes, this energetic massage* prepares your body for physical exertion by warming up muscles and improving performance. It releases tensions and pulled muscles to allow for better muscle recovery.

60 mins 170€ 90 mins 255€

APRÈS VENTOUX MASSAGE*

This massage* is designed to provide targeted comfort to the most stressed areas of your body, as a nod to cyclists and hikers who challenge the Mont Ventoux. It improves muscle recovery through lymphatic drainage and re-oxygenating the tissues after exercise.

60 mins 170€

REDEFINED SILHOUETTE TREATMENT

Allow our expert Spa therapists to take care of you during this targeted massage*, which combines various techniques to tone and smooth the skin, detoxify and drain tissues, and sculpt and remodel the silhouette.

45 mins 150€

HOT STONES MASSAGE*

Focused on relaxation and inner peace, this massage* uses hot basalt stones to relieve tensions. One of the most effective methods to feel a deep relaxation and let go.

60 mins 170€

MOTHER TO BE MASSAGE*

This gentle massage* uses enveloping and smoothing movements without essential oils, focusing on each 'Mother-to-be's' personal concerns, to relieve tensions and bring a sense of lightness.

60 mins 170€

MONT VENTOUX STEP

This crucial step on the road to performance focuses on legs and is ideal for both professional and amateur cyclists. This treatment will aid in muscle recovery by oxygenating tissues through alternating warm and cold temperatures.

60 mins 170€

* The term «massage» implies a superficial manipulation of the face or body, solely for aesthetic purposes, with no medical or therapeutic aim.

SIGNATURE TREATMENTS

DETOX BODY RITUAL

The experience begins with a warming body peel, followed by a detoxifying wrap. The targeted pain relief massage leaves you revitalised and refreshed.

STEPS: Warming Body Peel; Detox Body Mask; Body Massage (40min)

90 mins 295€

TATA HARPER BODY SCRUB

The recipe for a divinely soft and silky skin starts by a full body scrub using sea salt, brown sugar and essential oils followed by a body milk application with velvety texture and delightful fragrance.

30 mins 70€

ENERGIZING TREATMENT

The deep tissue massage is paired with the body peel which effectively removes dead skin cells while a botanical detox blend activates microcirculation to support healthy-looking skin.

STEPS: Deep Tissue Massage with Detox Body Peel

60 mins 170€

HONEY COCOON BODY RITUAL

An indulgent and uplifting treatment begins with a full body scrub that softens and revitalizes the skin, followed by a body wrap rich in Honey and Pomegranate enzymes to nurture the skin. A relaxing body massage completes this unique pampering experience.

STEPS: Smoothing Body Scrub; Honey Body Mask; Body Massage (40min)

90 mins 295€



FACIALS

CRILLON SPA SIGNATURE FACIAL

A deeply hydrating regimen uses the plumping power of hyaluronic acid to heal dry, damaged skin. An oxygenic face massage and warm honey mask will leave your skin plumped and nourished.

STEPS: Hydrating Conditioning Phase; Hydrating Floral Mask + Scalp Massage; Oxygenating Massage; Honey Mask + Hand Massage; Hydrating Closing Phase

60 mins 195€

PERSONALIZED FACIAL

This fully customizable treatment uses a thorough complexion analysis to determine the needs of the skin. A custom regimen paired with individualized techniques leaves skin balanced and glowing.

STEPS: Customized Conditioning Phase; Masking based on Skin Type + Scalp Massage; Oxygenating Massage; Glow Mask + Hand Massage; Customized Closing Phase

60 mins 195€

BRIGHTENING HYPERPIGMENTATION FACIAL

Your skin will be instantly brighter and refined with the use of natural multi-acid peel in this treatment. Targeted oxygenic massage will repair and strengthen the skin.

STEPS: Refreshing Conditioning Phase; 100% Natural Multi-Acid Peel; Radiance Mask + Scalp Massage; Oxygenating Massage; Illuminating Closing Phase

90 mins 265€

SUPERKIND CALMING FACIAL

A truly soothing and calming facial is suitable for irritated or inflamed skin, helping to restore the skin's defence system. The result is a healthy complexion and a relaxed state of mind.

STEPS: Calming Conditioning Phase; Soothing Mask; Gua Sha Massage; Raw Honey Mask + Hand Massage; ; Calming Closing Phase

60 mins 195€



EXCEPTIONAL TREATMENTS

INTENSE SCULPTING FACIAL

Tone and tighten tired skin with a comprehensive lifting massage*. Beginning with a 360 degree cleansing ritual, this treatment uses a Japanese face massage* technique that leaves skin brightened and firmed. The cooling and toning therapy performed on the face with Beauty Rollers increases circulation and smoothes fine lines, leaving skin completely rejuvenated.

STEPS: Calm Inducing Breathing Technique; Triple Cleanse; Remodelage Massage; Glow Mask + Décolleté Massage; Supernatural Closing Phase

** 90min includes steam, extraction + 1 additional mask*

60 mins 170€ 90 mins 255€

SERENITY BODY RITUAL

With this soothing ritual, you will feel completely relaxed. Buffing from head to toe with our potent, biodegradable Body Scrub leaves skin smooth, supple, and perfectly polished. For a total sense of rejuvenation and wellbeing, slip into a state of peaceful serenity during a soothing massage* with our luxurious Body Oil.

STEPS: Full body scrub; Shower; Revitalizing body oil application with massage movements

** 90min includes full body massage (60min)*

60 mins 195€ 90 mins 295€

OTHER RITUALS

YOUTHFUL EYE TREATMENT

Energize tired eyes with this invigorating treatment. Thermal Hot and Cold therapy coupled with targeted acupressure massage provides an instant reduction in visible puffiness and signs of fatigue.

STEPS: Invigorating Eye Balm; Warm Eye Therapy; Contouring Eye Balm; Cold Eye Therapy

40€

AGELESS HAND TREATMENT

Renewing Therapy for Silky Hands. Rejuvenate the appearance of one of the first places to show our age with a smoothing, polishing scrub and age-defying mask for a silky and supple feel and youthful touch.

STEPS: Smoothing Hand Scrub; Redefining Hand Mask; Relaxing Hand Massage

35€

RITUALS FOR MEN

MEN'S SKIN SOLUTION

This treatment targets concerns specific to men's skin. A regimen focused on reducing congestion and shaving irritation will leave skin refined and nourished.

STEPS: Deep Cleanse Conditioning Phase; Extraction; Detox Mask; Oxygenating Massage; Balancing Closing Phase

60 mins 195€

RECOVERY BODY RITUAL

Restore tired muscles and detoxify your skin with this recovery body treatment. Stimulating body peel and deeply detoxifying back mask will activate the lymphatic drainage, while a restorative massage soothes sore muscles, leaving you feeling relaxed and energized.

STEPS: Warming Body Peel; Shower; Detox Back Mask; Tension Relief Body Massage

90 mins 255€

MANICURE

60€

FEET TREATMENT

70€



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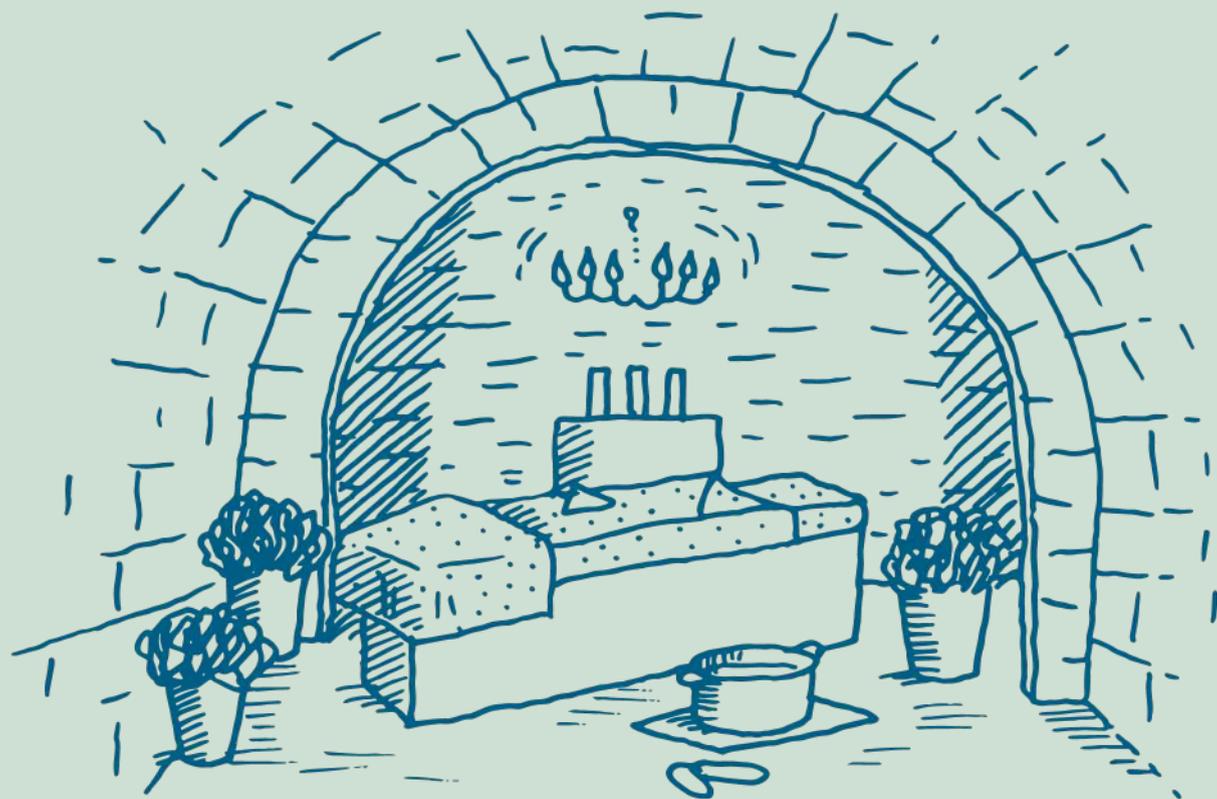
BEAUTY ESSENTIALS

HANDS AND FEET TREATMENTS

Hands beauty treatment with nail polish application	90€
Feet beauty treatment with nail polish application	100€
Hands softening cocooning treatment with nail polish application	95€
Feet softening cocooning treatment with nail polish application	105€
Nail polish application	20€
French manicure extra	30€
Hands beauty treatment with semi-permanent nail polish application	115€
Feet beauty treatment with semi-permanent nail polish application	125€
Semi-permanent french manicure extra	20€
Semi-permanent nail polish soak off	30€

WAXING

Eyebrows, lips or chin	40€
Underarms	50€
Half legs or arms	65€
Whole legs	80€
Bikini	50€
Brazilian Bikini	70€
Full Bikini	85€
Back or chest	85€



GENERAL INFORMATION

RESERVATION

The Spa des Écuries is open every day from 10am to 8pm.

Treatments are accessible for external customers.

In order to fully enjoy your experience we recommend that you be present at the SPA reception few minutes before your treatment time. We draw your attention to the fact that a late arrival will reduce your treatment in order to provide next booking in good conditions.

The outdoor pool is reserved for hotel's guests only.

CANCELLATION

Any cancellation or modification of the treatment must be made at least 24 hours in advance, otherwise the total amount of the treatment will be charged.

For reservations made less than 24 hours in advance, the total amount of the treatment will be charged at the reservation

and will not be refunded in case of no-show or cancellation.

All reservations must be guaranteed by a credit card number or by advance payment.



HEALTH

Kindly inform us of your current health at the booking time (pregnancy, allergy, hypertension...).

Before your treatment, we will ask you to fill a health form. This is the mandatory procedure to provide you the treatment suitable to your needs.

GIFT CARD

The ideal gift to celebrate a special occasion is a privileged moment of absolute relaxation at the Spa des Écuries.

Gift certificate can be purchased at the spa, there are nominative and neither exchangeable nor refundable.

The duration is limited to 6 months.

Your comfort and your well-being are our priority. Your Spa is a place dedicated to relaxation.

Our Spa team thank you for your attention.



HOTEL & SPA

CRILLON LE BRAVE

PROVENCE

PLACE DE L'ÉGLISE, 84410 CRILLON LE BRAVE
TEL : +33 (4) 90 65 99 14
crillonlebrave.com

*From your room, dial 108
spa@crillonlebrave.com*

